



dining & entertainment in cambridge

Crepe Delicious & Froshberg Gelato

Life is sweet and savoury at
Crepe Delicious and Froshberg Gelato



The Cambridge Centre on Hespeler Road offers two new tasty and fun options for those in search of a healthy and light treat.

"We are very excited to come to Cambridge with Crepe Delicious and Froshberg Gelato," said Cambridge Centre franchisee Hisham Mousa who added this is the very first Froshberg location to offer self-serve gelato. Gelato is an Italian ice cream made from milk rather than cream, resulting in lower calories and fat than traditional ice cream. Froshberg Gelato's revolutionary new self-serve soft gelato gives you the opportunity to create your very own gelato masterpiece by selecting your favourite gelato flavours and adding premium toppings. Simply weigh and pay per ounce and then savour your Froshberg creation.

"Serve as much or as little as you like and we have a whole array of healthy toppings such as fresh fruit, nuts, granola and some fun sweet toppings too!" said Hisham. "You can customize and pay per ounce."

Froshberg Gelato is Cambridge's solution to beat the heat with the family where everyone can get a frozen treat that they create.

Froshberg Gelato rotates flavours weekly, always offering 8 different flavours to choose from including a sugar-free option and fruit sorbets.

"We even offer a non-fat option with our fruit sorbets which are non-dairy. We also blend them to create outstanding fruit smoothies and shakes."

In fact, Crepe Delicious also proudly offers healthy eating options. Known for its world-class sweet and savoury crepes, Crepe Delicious offers a wide range of made-to-order sweet and savoury crepes filled with only the finest and freshest ingredients. The crepe itself has only 130 calories and 3.5 grams of fat, and it can be filled with endless possibilities of nutritious choices including fresh fruits, vegetables and lean meats.

Serving breakfast, lunch, dinner and dessert, Crepe Delicious offers a wide range of its made-to-order signature crepes. Among the

most popular are the 'Popeye', filled with spinach and feta cheese, the classic 'Chicken Caesar' and 'Tuttie Fruitti' filled with the famous chocolate hazelnut spread and freshly sliced bananas and strawberries.

Crepe Delicious also offers salads and paninis which are easy to grab on the go and enjoy on your lunch or dinner break.

The crepe is very thin pancake with origins in France. Crepes have been a tradition throughout the world, known by many different names including Russia's blini, Germany's pfannkuchen, the Mexican tortilla and the blintz.

This July, Crepe Delicious is featuring a special Canada Day themed crepe called 'Red & White' filled with fresh strawberries, custard and icing sugar.

It's a great way to celebrate being Canadian. "Every month we offer a different feature, whether it's a sweet crepe or a savory," said Mousa.

Starting July 25th for 2 weeks only, customers can enjoy a special breakfast crepe with ham and cheese and a regular coffee for just \$2.95.

It's simply too irresistible to pass up.

Crepe Delicious also offers the option of catering for your party or corporate event.

Give your function a cosmopolitan feel with fresh, sweet and savoury crepes made by their executive chefs.

If you are looking for the perfect gift for your boss or someone who has everything, gift certificates are available in any denomination. It's a great way to show someone you are thinking about them.

Crepe Delicious and Froshberg Gelato is located in the Cambridge Centre at 355 Hespeler Road in Cambridge. They are open Monday to Saturday 9:30 a.m. to 9 p.m. and Sunday 11 a.m. to 5 p.m.

To learn more about these two exciting new concepts or to view their menu visit www.crepedelicious.com and www.froshberg.com